

SHOE RECOMMENDATION LIST

Cushion/Neutral (Running)	Moderate Stability (Running)
● Altra: Torin 7, Rivera 4 ● Asics: Gel Nimbus 26, Novablast 4 ● Brooks: Ghost 16, Glycerin 21 ● Hoka: Clifton 9, Bondi 8, Mach X ● New Balance: 1080v13 ● On Running: Cloudmonster 2 ● Reebok: Floatride Energy 5 ● Saucony: Ride 17, Triumph 22	● Altra: Provision 8 ● Asics: GT-2000 12, Kayano 31 ● Brooks: Adrenaline GTS 23, Glycerin GTS 21 ● Hoka: Arahi 7, Gaviota 6 ● Mizuno: Wave Inspire 20 ● New Balance: 860v13 ● Saucony: Guide 17
Maximum Stability (Running)	Hiking and Trail
● Asics: GT-4000 4 ● Brooks: Addiction 16, Beast GTS 24, Ariel 24 ● Mizuno: Wave Horizon 6 ● New Balance: 1540v3	● Altra: Lone Peak 8, Olympus 6, Timp 5 ● Asics: Trabuco Max 3, GT 2000 Trail ● Brooks: Cascadia 17 ● Hoka: Challenger ATR 7, Speedgoat 6, Anacapa 2 ● Lowa: Renegade ● Merrill: Moab 3, Agility Peak 5 ● New Balance: Fresh Foam X Hierro ● Oboz: Bridger ● Salomon: X Ultra 4 ● Timberland: Mt. Maddsen
Platform Sandals / Comfort Clogs	Sandals (Supportive & Recovery)
● Madeline ● Janita ● Bjork ● Born ● Dansko ● Clarks ● Mia	● Birkenstock ● Vionic ● Hoka Recovery ● Oofos ● Naot ● Teva ● Merrell ● Spenco ● Skechers Recovery

Woman's Orthopedic/Dress Shoes

Clarks Comfort Wear (knotless)

Dr. Comfort Kuru

OrthoFeet SAS

Propet

Over the counter Inserts
(highest/hardest arch support)

Superfeet Green, Spenco, Propet
PowerStep (Pinnacle, Maxx, ProTech)

Men's Orthopedic/Dress Shoes

Clarks Cole Haan

Ecco Dr. Comfort

Kenneth Cole Kuru

Magnanni Ortho Comfort

Ortho Feet SAS

Viconic Propet

Local Shoe Stores

- Front Runners: 11620 San Vicente Blvd, Los Angeles, CA 90049
Tel (310) 207-0216, frontrunners.com
- Road Runners Sport: 1338 4th St, Santa Monica, CA 90401, Tel (424) 214-3535
(multiple locations) roadrunnersports.com
- New Balance: 2600 Wilshire Blvd, Santa Monica, CA 90403, Tel (310) 829-2900
newbalance.com
- Fleet Feet: 16545 Ventura Blvd, Encino, CA 91436, Tel (818) 986-8686
fleetfeet.com
- Hoka Store: 8551 Melrose Ave Space A, West Hollywood, CA 90069,
Tel (424) 551-9580, hoka.com
- REI: 4655 Admiralty Way, Marina Del Rey, CA 90292
Tel (424) 414-1900, rei.com
- Birkenstock: 8606 W 3rd St, Los Angeles, CA 90048, Tel (424) 284-3159
birkenstock.com
- West Hollywood: birkenstock.com
- DSW: 15301 Ventura Blvd, Sherman Oaks, CA 91403, Tel (818) 981-2377
(multiple locations) dsw.com
- The Walking Company: Century City Or Sherman Oaks – thewalkingcompany.com
- Aetrex Online —retail pop-ups— aetrex.com

Other online stores

Amazon.com, Zappos.com, Brooksrnning.com, Orthofeet.com, Healthyfeetstore.com, drewshoe.com, propetfootwear.com, drcomfort.com, newbalance.com, luckyfeetshoes.com, comfortonshoes.com